

Brainview Testing



What is Brainview?

Brainview utilizes electroencephalogram (EEG) activity of the brain, electrocardiogram activity (ECG), and tests auditory and visual processing speed (evoked potentials) to assess brain function. This test is very sensitive for memory and cognitive functions that we rely on daily and can measure impairments objectively.

The test also provides information on stress-related conditions. The test is noninvasive and takes about one hour to complete. During this time, you will wear an EEG cap to measure the electrical activity in your brain. You will also wear a device to measure your pulse and have a recording of the electrical activity in the heart.

Your provider will promptly receive the report and will go over the results with you during your next visit.



BENEFITS OF BRAINVIEW TESTING

- ✓ The test itself is easy, safe, and fast. Results are ready within a few days of testing.
- ✓ The results may provide validation for what you've been feeling and experiencing.
- ✓ May provide evidence of an underlying condition that needs to be factored in when establishing your treatment plan.
- ✓ This test may help identify treatments or medications which will be beneficial in your treatment plan.

STEPS TO BRAINVIEW

STEP 01

Brainview Education

You're Salience Health Provider may have indicated that you learn about Brainview as a part of your new patient intake experience. This education will be conducted by a Salience Health Care Navigator alongside any other education you need. The information provided here will be a brief summary of the testing and won't be comprehensive.

STEP 02

Insurance Coverage Determined

Immediately after your appointment, your insurance benefits will be checked by our verification experts to determine your expected costs for your appointment. We will have your expected out-of-pocket costs prepared for you when we call back to determine your scheduling.

STEP 03

Scheduling and Additional Information

Once we have your out-of-pocket costs, one of our Patient Experience Advocates will call you to set up your scheduling. If you have any questions about your benefits, or you have questions that your Salience Health Care Navigator did not answer, your Advocate will get you that information. In some cases, your benefits may have been checked before your initial appointment. In those instances, we may be able to get you scheduled before you check out. You can either pay when scheduling your appointment, or you may ask to wait until the day of your testing.

STEP 04

Day of Testing

For the day of the test, we ask that all patients refrain from any stimulants beforehand. All other medications your provider's ordered should be taken as normally. We also ask that you have clean hair, and comfortable clothing. Aside from that, there are no other additional steps we need you to take. You can drive to and from the appointment as normal, as the only lingering effect will be the residue of a water-soluble gel that will get into your hair as part of the setup.



STEP 05

Setup for Testing

When you've arrived and check in at the front desk, one of our technicians will walk you to one of our testing rooms. There, you will be seated and asked to fill out some questionnaires. During this time, your technician will begin the setup. They will place a fitted cap with electrodes on your head and will apply a small amount of a saline gel to each of these electrode sites. These are harmless and simply observe your brain's natural signals. From there, your technician will apply 3 EKG leads and a pulse oximeter.

STEP 06

The Test Itself

After you've been set up, you will be ready to begin the test. The total time is around 20 minutes, with 5 minutes of it observing your brain with your eyes open, staring at a blank screen. It will then record your brain for 5 minutes with your eyes closed, after which you will be administered a 10-minute test measuring your reaction time. After these are completed, your technician will remove the cap and provide you with something to get the majority of the gel out of your hair.



STEP 07

Ending the Appointment

The technician may also lead you to a different room for any other appointments you may have with us that day after they finish your Brainview. From there, your technician will lead you to the front desk after the test is completed. You can schedule your follow-up appointment with one of our Patient Experience Advocates if you do not already have one, as well as schedule any other additional appointments you may still need to complete.

STEP 08

Your Results

Your results will be ready for review by the time of your next follow-up appointment. Your provider will walk you through them, as well as the next steps in your treatment plan. These results are meant for the provider alone, however, you may request a copy of it from them. As a note, your provider will know what's best for you, and any results are only significant in conjunction with their professional opinions.