



Creyos Testing

What is Creyos Cognitive Testing?

Creyos cognitive testing is an assessment tool that measures brain functions such as:

- **concentration**
- **reasoning**
- **verbal ability**
- **short-term memory**
- **brain health.**

This provides an overall indication of how individuals may perform in daily life when presented with a task.

This assessment helps providers determine strengths and the highest areas of need, which then can create treatments or wellness plans.



How does Creyos Cognitive Testing work?

Using any internet-enabled device, a series of scientifically validated, yet engaging cognitive tasks will appear. Each task can take up to 3 minutes to complete. When completed, a report is generated and available for review by providers.

Assessment results can be used to validate treatment plans or simply to monitor brain health overtime in order to get ahead of any potential areas of concern.

BENEFITS OF CREYOS TESTING

- ✓ **Gain a comprehensive understanding** of your brain health, which will be used by healthcare professionals to individualize treatment or wellness plans according to your needs.
- ✓ Re-assess your cognition throughout treatment to **objectively measure improvements**, giving you confidence that interventions are having the desired affects.
- ✓ **Continued monitoring post-treatment** to ensure you're maintaining a level of cognitive function that enables you to live your best life.

STEPS TO A CREYOS COGNITIVE TEST

STEP 01

Creyos Cognitive Testing Education

You're Salience Health Provider may have indicated that you learn about Creyos cognitive testing as a part of your new patient intake experience. This education will be conducted by a Salience Health Care Navigator alongside any other education you may need.

STEP 02

Scheduling and Additional Information

Your Salience Health Care Navigator will go over any out-of-pocket costs you may have and schedule your cognitive testing. You can either pay when scheduling your appointment, or you can ask to wait until the day of your testing.

STEP 03

Day of Testing

For the day of the test, we ask that all patients refrain from any stimulants beforehand. All other medications your provider's ordered should be taken as normally. This is an in-office appointment and we will set you up with the test upon arrival with a laptop or desktop computer that is internet enabled.

STEP 04

The Assessment Itself

Your cognitive function is made up of at least four distinct domains that contribute to your quality of life: short-term memory, reasoning, concentration and verbal ability. Using common everyday devices (tablets and desktop or laptop computers), you'll complete a series of scientifically-validated, yet highly gamified and engaging cognitive tasks that can take up to 3 minutes each.

STEP 05

After the Assessment

The technician may also lead you to a different room for any other appointments you may have with us that day after they finish your cognitive testing. You can schedule your follow-up appointment to review your results with one of our Patient Experience Advocates at the front desk. There, you can schedule any other additional appointments you may still need to complete.

At your follow-up appointment, your provider will walk you through the results, as well as next steps in your treatment plan.