

### What is Brainview?

Tailored to assess stress-related conditions, memory function, and essential cognitive abilities, Brainview Testing delivers a professional and thorough evaluation. This test is a noninvasive procedure that seamlessly integrates cutting-edge technology into a one-hour session. During this time, you'll wear an EEG cap, allowing precise measurement of the electrical activity in your brain. Simultaneously, a specialized device will record your pulse and the electrical activity in your heart, offering an objective assessment of potential impairments.

This thorough examination enables a detailed understanding of cognitive well-being, empowering you with valuable information to make informed decisions about your health.



### **BENEFITS OF BRAINVIEW TESTING**

A convenient and safe process with quick results turnaround in just a few days.

Valuable insights into potential underlying conditions, empowering your physician to initiate necessary treatments early on.

Enhanced understanding of the brain's electrical signaling through an objective snapshot.

# **STEPS TO BRAINVIEW**

STEP

#### Brainview Education and Scheduling

Your Salience Health Provider may have recommended that you learn about Brainview as part of your new patient intake. A Salience Health Care Navigator will guide you through this educational process, along with any other necessary information. After the education session, you'll have the option to schedule your Brainview test. If you have questions about costs and insurance coverage, our team can assist you. You can pay when scheduling your appointment or on the day of testing.

# step 02

## Day of Testing

On the day of the test, please avoid stimulants, but you can take your regular prescription medication. Ensure clean, dry hair and wear comfy clothing. Minimize caffeine and aim for a good night's sleep. You can drive normally as the only residue will be water-soluble gel used during setup.



Upon arrival, a technician will guide you to a testing room. You'll fill out some questionnaires

while the technician prepares. They'll place a cap with electrodes on your head, applying harmless saline gel. EKG leads and a pulse oximeter will also be placed to observe your brain's and heart's natural signals.

step 03

#### The Assessment and Results

Once set up, the test takes about 25 minutes. It includes five minutes of observing your brain with open eyes, five minutes with closed eyes, and a 12 minute reaction time test. Afterward, the technician removes the cap and provides a gel cleaner.

You can schedule a follow-up appointment if needed. Your results will be ready at your next appointment with your provider. These results are for your provider's assessment, but you can request a copy. Remember, your provider's guidance is crucial for interpreting the results and planning your treatment.

