

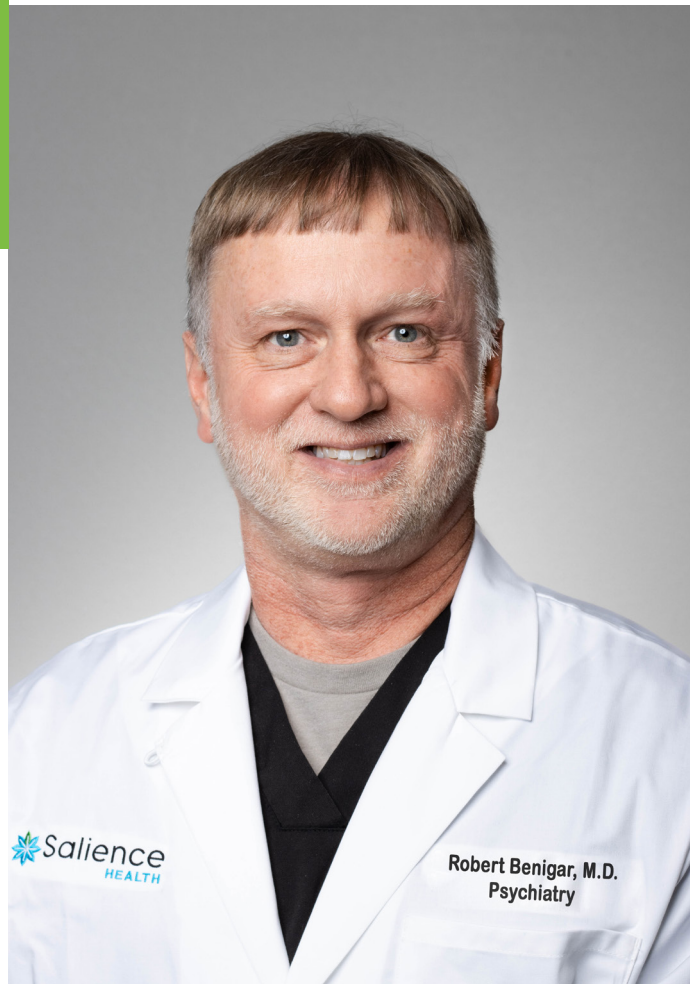
## Robert Benigar, M.D.

### General Psychiatrist

Ages Seen: 14+

"Helping my patients to get better is one of the many reasons I love what I do. I challenge myself everyday to continue to learn and strive to be the best provider my patients can ask for."

- Dr. Robert Benigar -



## Insurance Carriers

Most Major Insurance Carriers Accepted Including:

- Blue Cross Blue Shield
- United Healthcare
- Aetna
- Cigna
- Medicare

## Why Choose Salience Health

We specialize in providing compassionate treatment for depression to patients who haven't found relief through traditional therapies. Our **Integrated Care Model** encourages collaboration among providers, both within our team and externally, ensuring that you receive the best possible care.

Our dedicated **Care Team** consists of psychiatrists, primary care physicians, advanced practice providers, licensed therapists, medical assistants, and care navigators. Together, they support you with patient education, thorough assessment, and personalized treatment options tailored to your unique needs.

Our goal is to guide you toward optimal health and help reconnect you to life. At Salience Health, we relentlessly pursue remission and recovery together, **one patient at a time.**

## Contact Us

 6839 Communications Pkwy Plano, TX 75024

 P. 469-379-8222 F. 833-449-4876

 SalienceHealth.com



Learn more about Robert Benigar, M.D.