

# You've Been Referred to Salience Health by your Provider

## OUR APPROACH TO CARE

At Salience Health, we don't just treat symptoms – we treat people.

Here's how we work with you:

**Collaborative Care:** You'll partner with a specialized care team to set goals, treatment plan, and measure progress every step of the way.

**Personalized Treatment Plans:** We tailor your care to address your needs, such as improving sleep, anxiety, or focus.

**Convenient Access:** Flexible appointments are available in-person or via telehealth to fit your schedule.

### Conditions We Treat:

- Depression & Anxiety
- PTSD & trauma-related concerns
- Bipolar Disorder
- ADHD

## ABOUT SALIENCE HEALTH

Salience Health is an outpatient *Interventional Psychiatric Practice* that specializes in treating patients with depression & anxiety. We have expertise in the treatment of patients who have failed to achieve remission of their depression from antidepressants alone.

## Take the Next Step Today

Getting started with Salience is easy:

### Schedule Your Appointment

1. Scan the QR code or visit us online.



**SalienceHealth.com**

2. Call us, where here to answer your questions and help you book first appointment.

**(469) 379-8222**

# Becoming a Patient



## Legacy

6839 Communications Pkwy  
Plano, TX 75024  
Ph: 469-379-8222



R. Benigar, M.D. H. Minwalla, D.O.

## McKinney

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L. Slaughter, M.D.

## Plano

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Plano, TX 75093  
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D. Crumpacker, M.D. A. Mascarenhas, M.D.



## OUR SERVICES

### TMS Therapy

The safest, most effective treatment option for treatment resistant depression.

### Cognitive Behavioral Therapy

Patients will learn to recognize and correct negative thought patterns that lead to the struggle of emotions.

### Medication Management

Keeping patients healthy through close monitoring and personalized care.

## Bedford

1604 Hospital Pkwy, #407  
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## Frisco

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D. Steinfink, M.D.

S. Newton, M.D.