

Collaborative Depression Care Program

Cognitive Behavioral Therapy

Cognitive Behavioral Therapy (CBT) is a goal driven form of talk therapy that focus on changing behaviors.



Care Team

Your Care Navigator provides education, answers questions about your treatment plan, and collaborates with you and your provider to coordinate care.



TMS Therapy

TMS Therapy is an FDA approved, non-invasive treatment option for those who have not responded to one or more antidepressants.



Medication Management

Prescribed and monitored using clinical guidelines and scales for optimal and accelerated results.



Testing Options

eVox Brain Assessment and Creyos Cognitive Testing provide deeper insights into your brain health and cognitive function.

Salience Network Effect

TMS Therapy enhances the brain's Salience Network improving focus, sleep, and executive functioning by restoring balance in key brain regions. This leads to better emotional regulation, decision-making, and mental clarity, helping individuals regain control of their lives.

TESTING OPTIONS

eVOX ASSESSMENT

eVox uses EEG technology to measure brain health by assessing processing speed, cognitive function, and mental health.

CREYOS COGNITIVE TESTING

An assessment to objectively check memory, attention, reasoning, and verbal ability—all cognitive abilities you need to function optimally in everyday life

TREATMENT OPTIONS

TMS THERAPY

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COGNITIVE BEHAVIORAL THERAPY

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