

#### What is an eVox Assessment?

eVox assesses brain health by measuring key functions through a quick, non-invasive procedure. Using advanced EEG technology, it captures electrical activity in the brain, providing insights into brain processing speed, cognitive function, and mental health.

During the scan, small sensors are placed on your scalp to monitor your brain's electrical signals while you complete simple tasks, such as reacting to visual or auditory cues. These tasks help assess how quickly and efficiently your brain processes information. The test also evaluates cognitive performance and emotional well-being through standardized behavioral assessments.

eVox detects early signs of cognitive issues before symptoms appear. By identifying potential brain health concerns early, it allows doctors to create targeted, personalized treatment plans. Early intervention can prevent or delay the progression of cognitive decline, improving long-term health outcomes.



#### **BENEFITS OF eVOX ASSESSMENT**



Identify cognitive issues before symptoms appear, allowing for early treatment to slow or prevent decline.



Receive tailored treatment based on real-time insights into your brain's activity.



Early detection of treatable issues like vitamin deficiencies or sleep apnea that affect brain function.

# STEPS TO eVOX

# **STEP**

## eVox Education and Scheduling

01

Your Salience Health Provider may have recommended that you learn about eVox as part of your new patient intake. A Salience Health Care Navigator will guide you through this educational process, along with any other necessary information. After the education session, you'll have the option to schedule your eVox Assessment. If you have questions about costs and insurance coverage, our team can assist you. You can pay when scheduling your appointment or on the day of testing.

# STEP 2

### Day of Testing

On the day of the test, please avoid stimulants, but you can take your regular prescription medication. Ensure clean, dry hair and wear comfy clothing. Minimize caffeine and aim for a good night's sleep. You can drive normally as the only residue will be water-soluble gel used during setup.

Upon arrival, a technician will guide you to a testing room. You'll fill out some questionnaires while the technician prepares. They'll place a



# STEP 03

### The Assessment and Results

The assessment appointment can take up to 90 minutes. This includes observing and measuring response metrics, heart metrics, event related potentials (ERP's), and EEG head maps and source localization. Afterward, the technician removes the cap and provides a gel cleaner.

Your results will be ready at your next appointment with your provider These results are for your provider's assessment, but you can request a copy. Remember, your provider's guidance is crucial for interpreting the results and planning your treatment.

